

Saturday June 22 – Day 8: Luxor

After breakfast we will visit Karnak Temple, a centuries-old city of pylons, hypostyle halls, colossal statues, shrines and obelisks. We will visit Karnak in the morning return to our cruise ship for afternoon departure.

Sunday June 23 – Day 9: On Board Cruise, As we sail, we will enjoy the Flow of the Life Force that is the Nile, Hapi, and the flow of rising Life Force Energy within, as we engage in Integral Shedy Spiritual Disciplines as conditions allow, focusing on Meditation, Egyptian-Kemetic Yoga Exercise Postures, Devotional singing & perhaps as time and conditions allow (if we can get a place), lecture/presentation about the next sacred Temples we will see.

Monday June 24 – Day 10: On Board Cruise: Visit Edfu & Kom Ombo Temples

Today we experience Kom Ombo where you will visit the Ptolemaic Temple of Sobek & Heru (Haroeries). We visit the Temple of Horus, the falcon-god, (237 B.C.) considered the best-preserved temple in Ancient Egypt and the second largest after the Temple of Karnak. And then we continue sailing to Aswan.



Tuesday June 25 – Day 11: Still On Board Cruise – Docked in Aswan: Visit Abu Simbel

After an early or boxed breakfast, we will venture to Abu Simbel via deluxe motor coach. Visit the Great Temple of Ramses II and the temple of his beloved Queen Nefertari. We will bring along lunch to have while there. After visiting this magnificent site, you will be transferred back to the Cruise Ship.

